Harvest Health



Gigi Covington, HHC, NA Nutrition Consultant

5802 Thunderbird Street Lago Vista, TX 78645 Office: (512) 267-5400 Cell: (512) 850-9510

Notice of Understanding and Agreement

I hereby attest to the following:

- I fully understand that the Nutrition Consultant I am seeing in this
 office is not a physician, and I am not consulting for medical,
 diagnostic or treatment procedures.
- 2. The services performed by the Nutrition Consultant are at all times restricted to helping me gain a better understanding of my degree of "health" (not disease), so I will have a greater self-awareness and be able to utilize a self care program for daily living.
- 3. I understand that as a Nutrition Consultant the recommendations, discussion, sale of food, nutrition, nutritional supplements, vitamins or minerals, food grade herbs, or other nutrients as foods for special dietary use only pertains to the whole body concept of nutrition, and does not relate in the context of any specific ailment or condition.
- 4. The appointments do not involve the diagnosing, prognosticating, treating or prescribing of medicines or the treatment of disease, or any act which would constitute the practice of medicine in this state, for which a license is required.

Signed	Date
Printed Name	